



# Let's Talk.

## Mental Wellness & Building a Culture of Health

A Joint Greater Sacramento Town Hall (KFHP/H & TPMG)

June 17, 2026 | 12:40 - 1:30 p.m.

Join a focused, supportive conversation on mental health – why it matters now more than ever, what we're hearing from you – and learn about support and resources available to employees and physicians such as counseling, peer support, and employee wellness programs.

We'll highlight key insights and reduce stigma through open dialogue. Join the real conversation. Your well-being is our commitment.

### In-person

Roseville Medical Center  
Conference Rooms 1-4 (Building D)  
*Lunch provided at the in-person host location (first come, first served)*

### Live stream on Teams

[Click this link](#)  
or scan the QR code.



## Panelists

### Executive Leaders

Jay Robinson, PsyD, MBA, Senior Vice President and Area Manager, Sacramento and South Sacramento  
Melissa Johnson, Chief Administrative Officer, Roseville

### Mental Health experts

Kristy Schwee, Director, Mental Health, North Valley  
Charles Carlson, DO, Chief, Mental Health, North Valley  
Scott Spaulding, MD, Chief, Mental Health, South Sacramento  
Vanessa Bovee, Director, Mental Health, South Sacramento

### Employee Assistance Program (EAP)

Gena S. Jackson, EAP Consultant, Roseville

### Employee Wellness

Carol Hafer, Health Education Consultant, Roseville and Sacramento

### Physician Well-Being Committee (PWBC)

Rani Vatti, MD, Chief, Physician Well-Being Committee, Roseville and Sacramento



### Tell Us What Matters to You

Complete the Mental Health Experience Survey by scanning the QR code to the left.



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